Coaching for Performance Level 3 Module 3

Coaching for Performance Level 3 is a series of advanced coach training modules. Module 3 – is a 2-day workshop which brings into focus four themes of advanced coaching that inform coaching, no matter the topic or circumstances:

- Transformation
- Presence
- Inspiration
- Direct communication

Through these four themes you’ll cover:

- Cultivating coaching presence
- Working with resistance and the inner critic
- Deep connection to your power sources as a coach
- Listening to your wisdom voice
- Making powerful choices/perspective coaching
- Uncovering vision and purpose
- The power of pause
- Integration of coaching skills
- Sharpening specific ICF Core Competencies

Structure and Materials: Dynamic interactive learning with a diverse participant group and observed coaching practice with feedback will develop you

- 2 in-person training days followed by practice coaching assignments and
- 1 group Virtual Workshop run by a senior qualified coach
- 40-page training manual
- Maximum group of 12 participants
- In total you’ll take part in 16 hours of learning and practice

Training aligned with the International Coach Federation (ICF) definition that “coaching is partnering with clients in a thought-provoking and creative process that inspires them to maximize their personal and professional potential”.

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