Coaching for Performance Level 3 Module 1
Transformation Awareness for Leaders and Coaches

Coaching for Performance Level 3 is a series of advanced coach training modules. Based on the work of Gita Bellin, Module 1 is a 3-day workshop designed to explore inner leadership, self-mastery and authenticity. Championed the world over by leaders, change agents and coaches, the course introduces transformational coaching and leadership by developing excellence and maximum performance through personal reflection and exchange with other participants.

Coaching Presence, Authenticity and Awareness
The course offers opportunities to explore and re-create dysfunctional behaviour and mindsets. Leaders and coaches will be shown transformational techniques to alter the root perspective from which we experience and respond to our own thoughts and actions, and the situations in which we find ourselves. The focus is on the mastering of the mind, developing emotional and social intelligence, experiencing the power of acknowledgement and deepening core coaching skills. By establishing trust, intimacy, accountability and high levels of empathy, presence and awareness, participants will be given the opportunity to take their leadership and coaching to the next level, thus enabling individuals and organizations to move towards sustained excellence and maximum performance.

Structure and Materials: Dynamic interactive learning with a diverse participant group and observed coaching practice with feedback will develop you

- 3 in-person training days followed by practice coaching assignments and
- 1 group Virtual Workshop run by a senior qualified coach
- 60-page training manual
- Maximum group of 12 participants
- In total you’ll take part in 24.5 hours of learning and practice

Training aligned with the International Coach Federation (ICF) definition that “coaching is partnering with clients in a thought-provoking and creative process that inspires them to maximize their personal and professional potential”. 

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