



PERFORMANCE
CONSULTANTS



Coaching for Performance

Module 4

Coaching for Transformation

The program is recognized by the International Coaching Federation (ICF), the European Mentoring & Coaching Council (EMCC) and the Association for Coaching (AC)

Modules 4–6 of the Coach Certification Pathway are included in the Performance Coach – Gold Plan. Module 4 – Coaching for Transformation is designed to explore the neuroscience of human change and its application within coaching practice. It takes an in-depth look at several key principles of neuroscience and the clear indicators they give, which can be used to coach effectively to bring about transformative change and gain sustainable results.

The syllabus covers:

- Change models
- Mastering the inner state of presence
- Focusing on the coachee and their journey, not their issue
- Uncovering values
- Victim mindsets
- Perspective coaching for powerful choices
- Working with resistance and the inner critic
- Connecting your coachee to their power sources
- Sharpening specific ICF Core Competencies

Our programs feature dynamic, interactive learning with a diverse participant group and observed coaching practice with feedback.

Live Training Hours: 18
Self-paced Training Hours: 4.5